

NEWS LETTER

APRIL 2023 - SEPTEMBER 2023



With 'n' By Children

Introduction

Bal Sahyog was founded as a pious endeavor by Prime Minister of India, Smt. Indira Gandhi in 1954 for care and protection of the helpless, orphan, abandoned, runaways and vulnerable children and the children rescued from child labour. Bal Sahyog provides round the clock services of shelter, nutrition, medical care, clothing, education, vocational training, recreational and over all amenities to more than 125 children within its Children's Home. Honorable Prime Minister of India is the Patron of Bal Sahyog.

In its endeavor to holistic development of children in need and collective action, Bal Sahyog has been networking and collaborating with different child care Institutions, government Institutions, law enforcement agencies, donor agencies, non-government organizations, civil society organizations, opinion makers and individuals for the same. It is located in a campus of 1.67 acres in Connaught Place, New Delhi. It has also established Bal Sahyog Middle School aided by Govt. of NCT of Delhi within its campus. Bal Sahyog is governed by General Committee of 25-30 members nominated by the Prime Minister Office. These members are eminent persons from different fields including current and retired bureaucrats, academicians and social workers.



General Committee

- Smt Reva Nayyar, Chairperson
- Shri. Ashok Kumar, General Secretary
- Smt. Sunita Bhasin, Treasurer
- Dr. Uma Tuli
- Smt. Razia Sultan Ismail
- Dr. Jyotsna Chatterji
- Shri. Romesh Bhattacharji
- Shri. Sanjai Kumar Srivastava
- Dr. Yogender Pal Anand
- Dr. Shashi Prabha Gupta
- Chief Secretary, Govt. of NCT of Delhi
- Joint Secretary, Ministry of Social Justice & Empowerment, GoI
- Joint Secretary(L&W), Ministry of Urban Development, GoI
- Joint Secretary (SE-II), Ministry of Human Resource Development GoI
- Joint Secretary (Sports), Ministry of Youth Affairs & Sports, GoI
- Joint Secretary (NYKS/Dev.), Ministry of Youth Affairs & Sports, GoI
- Joint Secretary, Ministry of Labour & Employment, GoI
- Joint Secretary (Rural Livelihood) Ministry of Rural Development, GoI
- Dr. Manjula Chakarvarty
- Shri. Sunder Lal
- Shri. M. S. Negi
- Dr. U. N. B. Rao, (Retd. IPS)
- Shri. Gautam Vohra
- Dr. Santosh Jain Passi
- Smt. Madhu Srivastava
- Shri Kiremwati (Executive Director & Member Secretary)



Mr. Kiremwati Executive Director

Message:

I'm happy to share with you the 27th issue of our biannual newsletter, which covers the prior six months April 2023 through September 2023.

Activities of Bal Sahyog besides formal education health camps, coaching classes, vocational trainings, competitions and various programmes with the children throughout the year were possibly conducted with the generous and regular support, sponsorship, guidance and encouragement of our Individual Donors, Civil Society Organizations, CSR initiatives of Companies and Public Sector, Delhi Government and above all from the Office of The Hon'ble Prime Minister of India.

I extend my sincere thanks to all our funding partners, State Child Protection Society, Department of Women and Child Development, ESSEL Foundation, Tech Mahindra Foundation, Child Welfare Committee, Delhi Police for their guidance, support and cooperation. I also wish to express my gratitude to all the Corporates and NGO's, the General Body Committee, the Executive committee, all the team members of Bal Sahyog, and school teachers with children of all levels for their commitment and contribution towards the mission of Bal Sahyog.

Thank you for your continued partnership.

ACHIEVEMENTS

BAL SAHYOG CHILDREN'S HOME HAS COVERED 229 CHILDREN IN NEED OF CARE AND PROTECTION INCLUDING OPEN SHELTER AND SHELTER HOME. WE HAVE PROVIDED SHELTER, NUTRITION, EDUCATION, HEALTH CARE, COUNSELING, VOCATIONAL TRAINING, COMPUTER SKILLS AND RECREATIONAL FACILITIES

COVERED MORE THAN 100 BENEFICIARIES UNDER TUITION PROGRAM BY TECH MAHINDRA FOUNDATION.

**Bal
Sahyog**

With 'n' By Children

IN THE LAST SIX MONTHS TOTAL OF 13 CHILDREN FROM OPEN SHELTER AND 54 FROM SHELTER HOME WERE RESTORED AND REHABILITATED

COVERED MORE THAN 150 CHILDREN UNDER COMPUTER LITERACY PROGRAM BY TECH MAHINDRA FOUNDATION

MIDDLE SCHOOL CHILDREN FROM CLASS VI TO VIII SHOWED 100% PASSING RESULT IN THE ACADEMIC YEAR 2022-2023.

CHILDREN HOME

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing / Run-away	number of children in the end of the month
April	102	3	8	-	-	97
May	97	7	2	8	-	88
June	88	2	3	1	-	86
July	86	5	14	3	-	88
August	88	2	10	-	-	87
September	87	3	8	-	1	88

DURING THE LAST 6 MONTHS 124 CHILDREN STAYED AT BAL SAHYOG SHELTER HOME, OUT OF WHICH 13 CHILDREN WERE SUCCESSFULLY RESTORED TO THEIR FAMILIES AND 9 WERE RELEASED AFTER THEY COMPLETED 18 YEARS OF AGE.

**TOTAL 116
CHILDREN
COVERED**

»»» ABOUT US

Bal Sahyog runs a Children's Home for 125 children consisting of a Shelter Home for 100 children and an Open Shelter for 25 children. It also runs a Middle School for providing education to the children of Shelter Home and immediate neighborhood for class VI, VII and VIII. An eight bedded dispensary for taking care of the health needs, a well-furnished modular kitchen, large dining hall and sufficient space for recreation and sports, etc. have been provided on its campus at Connaught Place for the children of the Bal Sahyog.

A team of Superintendent, four House Parents, one Non-Formal Educator/Remedial Educator, one staff nurse, one Social Welfare Officer, one Child Welfare Officer, two Counsellors, five Cooking Staff, four Cleaning Staff, and five Security Guards are always present to take care of the children. All activities are monitored very minutely and decisions are always made for the upliftment and betterment of children. Also, it is taken care of that the demand of the children's committee is fulfilled if worthwhile and possible.



**TOTAL 13
CHILDREN
RESTORED**

OPEN SHELTER

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
April	20	08	04	04	0	20
May	20	23	17	07	0	19
June	19	13	10	03	0	19
July	19	09	09	06	0	13
August	13	18	05	01	0	25
September	25	14	13	01	0	24

DURING THE LAST 6 MONTHS 105 CHILDREN STAYED AT BAL SAHYOG SHELTER HOME, OUT OF WHICH 54 CHILDREN WERE SUCCESSFULLY RESTORED TO THEIR FAMILIES AND 4 WERE RELEASED AFTER THEY COMPLETED 18 YEARS OF AGE.

**TOTAL 105
CHILDREN
COVERED**

»»» ABOUT US

The children in need of care and protection are provided with health care, counseling support and opportunity for residential stay for a short time at Bal Sahyog. These children are brought in from the nearby locality and produced before the Child Welfare Committee (CWC) where the first choice is made with the child's best interest as its top priority.



For the children who stay in the open shelter, the regular activities include induction into a productive daily routine and the introduction of non-formal education. Children are encouraged and facilitated to follow a routine that is meaningful and productive and are also motivated to continue it later on for their own betterment in the future.

**TOTAL 54
CHILDREN
RESTORED**

ACTIVITIES AT BAL SAHYOG

➤➤➤ MORNING ASSEMBLY

All of the Bal Sahyog children congregate for the morning assembly each day. The assembly starts with a prayer, and then staff members from Bal Sahyog's open shelter and children's homes empower the children with inspirational speeches. Children also talk about their problems so that they can be fully examined. The Assembly ends with the National Anthem being sung by everyone in the audience.

BIRTHDAY CELEBRATION

Birthday Celebration is also among one of the major routine activity performed on 3rd of every month. During the last six months Bal Sahyog celebrated the birthdays of all children who had birthdays within the month to bring smiles and pleasure of happiness among the children..

➤➤➤ HOUSE MEETING

At Bal Sahyog, House meeting is organized every week on Saturday so that children could express their emotions and discuss problems they are facing. The discussion is held in presence of all the staff members directly related with the care & protection and development activities of the children. The solution to the problems are strictly committed and hence resolved. In addition to resolution to the problems, fresh concepts are also presented to up-bring the children in best possible ways.





SPECIAL MEALS

>>> SPECIAL MEALS

Festivals require special delicacies, and our boys adore eating the mouthwatering meals made on these significant days. This is made possible by our great supporters and contributors, who contribute to us by sponsoring meals with cash or in-kind gifts. To do this, they prepare some treats in the kitchen or have the sponsors' families send them, which the children enjoy. The menu for this special lunch is unique and offers a variety of delectable dishes, including halwa, kheer, sewinyan, paneer dishes, rayata, and dal makhni, among others. There were 47 special meals donated throughout the past six months, including breakfast, lunch, and dinner.

>>> ON SPECIAL OCCASIONS

In addition to special meals that is sponsored on festivals, donors also make their special day even more memorable by sponsoring special meals to the children of Bal Sahyog. they offer this to help our children commemorate their big days and occasions. Special occasions also contains special day for children say their birthdays or alumni meet etc.



TOTAL SPECIAL MEALS

Total 47 special meals were sponsored by donors on festivals or some special occasions in the past six months



Events and Festival

Earth Day With Shangri-La Hotel



Shangri-La, Eros Celebrated Earth day on 19th of April 2023 with the Children of Bal Sahyog.

On 19th April Children enjoyed the day learning how good the mother earth is. With the executives from Sangri-La Hotel Children of Bal Sahyog visited potato farm and learned how nature nourishes the eatables which is taken by us to keep ourselves healthy and strong. Children also visited Kadaknath Murgi farm where the hens are taken care of for the production of eggs. Children also enjoyed the refreshments provided to them time to time to keep them energized .



On 4th Anniversary of Daryaganj Restaurant

Daryaganj Restaurant Team celebrated 4th anniversary with Bal Sahyog Children & Staff on 13th of April 2023. They sponsored special lunch, had cake cutting ceremony and distributed Ice-creams to the children.

They also gifted cups to the children with their brand name printed on it so that children remember them for long.

The celebration ended with the thanks letter distribution to the executives of the restaurant by the superintendent of Bal Sahyog and the children.

DENTAL CHECK-UP CAMP

For the children of Bal Sahyog, a dental cleanliness camp was conducted on May 4th, 2023 by the Rotary Club of Delhi Midtown, RI District 3011. Children were also taught the importance of brushing their teeth thoroughly every day.



SESSION ON HEALTH AND HYGINE

Students from Lady Hardinge College conducted hygiene lessons with 22 Bal Sahyog children on May 6, 2023. With the help of ten steps, role playing, and demonstrations, they taught all of the children how to wash their hands before and after taking meal. Children were distributed antiseptic soap in the end.

SESSION ON FIRST AID

Students from Lady Hardinge College participated in a First Aid training with 28 Bal Sahyog children on May 13, 2023. They educated all of the children on first aid techniques and infection control. In the end, the children of Bal Sahyog received chocolates and fruit juice as refreshment.



FRIENDLY CRICKET MATCH

The children of Bal Sahyog were joined a sporting event on May 15, 2023, arranged by representatives of the Salam Balak Trust. The children from Bal Sahyog and the team from Salam Balak Trust participated in the game and had fun playing with one another.



ABOUT ENVIRONMENT FROM SHAKSHI NGO

On May 25, 2023, volunteers from Sakshi NGO led a session on the environment. All of the Bal Sahyog students showed up for this session and had fun. In the end, youngsters from Bal Sahyog were given sandwiches and fruit Juice.

CERTIFICATE DISTRIBUTION AT MSME

On May 28, 2023, certificates were given out to Bal Sahyog children who had successfully finished the six-month carpentry training at MSME. Superintendent, house father attended the meet with the children.





TAJ PALACE CONDUCTED SPORTS ACTIVITY

Representatives from Taj Palace held a sporting event and gave snacks to all of the children at Bal Sahyog Children Home on May 30, 2023. All children took part in the activities and enjoyed the mouthwatering refreshments.

MILLET FOOD FAIR BY NEHRU YUVA KENDRA.

On June 3, Nehru Yuva Kendra conducted a millet food fare at Bal Sahyog. To present and explain the importance and variety of millets, they set up stalls displaying various types of millets and also played Nukad Natak and held drawing competitions to make the objective of the day memorable to the children.



SESSION ON GOOD TOUCH AND BAD TOUCH

On 21st of June Modicare with the help of short games and speech tried to teach the children of Bal Sahyog about good touch and bad touch they covered various topics like Adolescents & Youth, Life Skills, Growing Up, Responsible Sexual Behavior, Peer Pressure and Bullying etc. to educate the children about their rights.



SESSION ON EYE FLU

Due to increase in total number of eye flu cases in the north India it became very necessary to help children understand what is eye flu and how we can safeguard it. Dr. Vijay Kumar, medical officer held this important session at Bal Sahyog and also briefed the importance of hygiene to prevent eye flu.

HEMOGLOBIN TEST CAMPAIGN

Bal Sahyog and General Williams Masonic Polyclinic collaborated on a blood hemoglobin test campaign on August 5, 2023 to assess each child's general health. All of the children underwent testing, and everyone felt satisfied with their favorable outcome.



SESSION ON ORAL HYGIENE

On August 12, children from Bal Sahyog joined the session on dental health hygiene by Dr. Surabhi (a dental surgeon) at Bharti Vidyapati University, Pune. The doctor explained the importance of oral hygiene and also explained how diseases grow stronger if we do not value oral health.



INDEPENDENCE DAY



India commemorated its 76th anniversary of independence on August 15. As Indians, we honour all the leaders who heroically battled for the freedom of our country in the past. A programme commemorating Independence Day was held at Bal Sahyog, and most students actively participated and attended.

The flag hoisting ceremony, which was conducted by Shri Kiremwati, the executive director of Bal Sahyog, served as the program's opening act. All of the kids sung the national anthem together as the flag was raised. The youngsters demonstrated their love for the country through a variety of acts, including dance, speech and drama after the flag-hoisting ceremony.



76th Independence



On the day children of Bal Sahyog who performed good during the academics session in the academic year 2022-2023 we distributed Tablets by the hands of our chief guest Shri Kiremwati, executive director, Bal Sahyog. Children felt motivated and inspired to work even harder and strive to discover their own qualities that would make them wonderful people.



MEDICAL CAMP BY MY HOME INDIA

We must maintain a very close eye on the health of the children because they frequently arrive from different localities and different places to Bal Sahyog. All of the Bal Sahyog children had a general ENT (ear, nose, and teeth) checkup on August 19th. My Home India and the camp collaborated to plan the event.



HABITAT DAY BY HUDCO

On August 26, 2023, HUDCO (Housing and Urban Development Corporation) invited Bal Sahyog children to participate in a painting competition at their art gallery. The competition was designed to commemorate Habitat Day and help participants better understand and form opinions on issues relating to human settlements.

DANCE COMPATITION AT BAL BHAWAN

Children were invited to participate in the summer feasta dance competition on August 29 at Bal Bhawan. Bal Sahyog's children competed and received recognition for outperforming everyone else's efforts.





ZUMBA DANCE SESSION BY TAJ PALACE

On 15th September 2023 executives from Taj Palace held a Zumba dance session at Bal Sahyog. The children enjoyed this athletic dance event organised by the team. Bal Sahyog appreciates the thought and hopes to have such sessions again in the near future.

SESSION ON NUTRITION BY NIPCCD.

Poshan Maah was held at Bal Sahyog by the National Institute of Public Cooperation and Child Development. On September 22nd, representatives from the NIPCCD taught children the importance of a healthy diet. They gave children stationery at the end of the lesson as well.



Exposure visit

VISIT TO ZOOLOGICAL PARK

Children from Bal Sahyog were invited to visit the National Zoological Park, Mathura Road, New Delhi on June 4, 2023. Children were very appreciative of the park administration for setting up such a visit for them where they could enjoy themselves and learn a great deal about the wild animals.



VISIT TO DEER PARK

On June 10, 2023, Bal Sahyog's children had a good time. Bal Sahyog students were taken to the deer park for an exposure session where they observed various deer species and learned about their way of life.



LAL BAHADUR SASHTRI MUSEUM

Children from Bal Sahyog visited the Lal Bahadur Sashtri Museum on June 12, 2023. The Museum houses artifacts and exhibitions that illustrate the life and accomplishments of India's second Prime Minister.



Visit to Dr. Ambedkar International Center



Children from Bal Sahyog visited the Dr. Ambedkar International Center on June 14, 2023. The Dr. Ambedkar International Center (DAIC) was founded in 2017. It works tirelessly to spread the teachings, ideologies, and concepts of Dr. B. R. Ambedkar, a learned brilliant man and the architect of our Constitution of India.



Visit to Doll Museum

The Dolls Museum is the one children adore the most out of all the museums in New Delhi. This attraction, which is officially known as Shankar's International Dolls Museum, is the biggest doll museum in the entire nation. The collection inside includes dolls from various other nations in addition to India, giving it its renowned international flair.

Bal Sahyog students visited Shankar's International Dolls Museum on June 25, 2023. Children found it amusing to see so many different dolls in one location; they felt overjoyed and enjoyed watching the dolls.

SPONSORSHIP PROGRAMS BY TECH MAHINDRA FOUNDATION

Tuition Program for destitute children

Bal Sahyog provided special tuition in English, Mathematics, Science, Physics, Chemistry, Biology, Economics, and Accountancy to the Children at Bal Sahyog Home at Connaught Place which is supported by Tech Mahindra Foundation. Total 100 beneficiaries studying in class 1st to 12th were provided tuition classes by 8 tutors, in the last six months. A drawing and painting competition was also organized by Tech Mahindra Foundation at Bal Sahyog, Connaught Place.



Computer Literacy Program for Under- Privileged Children

Bal Sahyog is currently operating the vocational "Computer Training Programme" with support from the Tech Mahindra Foundation to assist adolescents, men, and women learn basic computer skills at the contact centres at various places throughout Delhi, specifically at Karol Bagh, Wazirpur, and Connaught Place. The fact that more than 150 children in the last six months received training in the fundamentals of computers is a major accomplishment for them as well as for us.



Kind Donors

Amit Kumar Nirala
Sunil Kumar Goyal
Mala Dutt
Sidharth Satpathy
Harsh Aggarwal
Ekta Choudhary
Dhirandra Bakshi
Parul Nagar
Yogesh Namasivayam
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Rajat Mohley
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Support Us

- **SPECIAL OCCASION BREAKFAST/LUNCH/DINNER CAN BE SPONSORED AT REASONABLE COST BY THE DONORS.**
- **SPONSOR AN OUTING FOR 40 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS. 8000/- OR ARRANGE A BUS FOR THEIR TRANSPORTATION.**
- **SPONSOR AN OUTING FOR UP TO 125 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS.22,000/- OR ARRANGE THEIR TRANSPORTATION.**
- **SHARE YOUR MOMENTS OF HAPPINESS BY CELEBRATING BIRTHDAYS OR ANNIVERSARIES OR FESTIVALS OR ANY OTHER EVENT.**
- **SPONSOR A CHILD FOR ONE YEAR (INCLUDING FOOD, SHELTER, CLOTHING, HEALTH, EDUCATION, GAMES, OUTINGS, ETC.) BY PAYING RS. 72000/- . (PAYMENT CAN BE MADE @ RS.6000/- PER MONTH).**
- **DONATION IN CASH OR KIND TOWARDS INFRASTRUCTURE MAINTENANCE AND DEVELOPMENT SUCH AS KITCHEN, TOILETS, DORMS, COOLERS, REFRIGERATORS, FANS, WATER HEATERS, EQUIPMENTS, PLAY GROUNDS, ETC.**
- **DONATION IN CASH OR KIND FOR SPECIFIC PURPOSE LIKE BLANKETS, WARM CLOTHES, BED CUSHIONS, BED SHEETS, PILLOWS, PLAY MATERIALS, CHILDREN CLOTHES, SLEEPERS, SHOES, SOCKS, LOCKS AND KEYS, ETC.**
- **VOLUNTEERING WITH BAL SAHYOG IN DIFFERENT WAYS.**

YOU CAN DONATE EITHER IN CASH OR THROUGH CHEQUE/BANK DEMAND DRAFT DRAWN IN FAVOUR OF BAL SAHYOG OR THROUGH NET BANKING /NEFT/RTGS. THE DETAILS OF OUR BANK ACCOUNTS ARE AS UNDER:

KOTAK MAHINDRA BANK, G-39, CONNAUGHT PLACE, NEW DELHI-110001, SAVINGS BANK ACCOUNT NO: 7411745018, IFS CODE: KKBK0000214, MICR: 110485045, PAN: AAATB0522A.

DONATIONS IN CASH UP TO RS. 2,000/- AND ALL DONATIONS MADE THROUGH CHEQUES, DEMAND DRAFTS, RTGS/NEFT, OR NET BANKING ARE EXEMPTED UNDER SECTION 80G OF THE INCOME TAX ACT OF 1961. DONATIONS MADE IN CASH EXCEEDING RS. 2,000/- WILL NOT BE ALLOWED AS DEDUCTION U/S 80G OF I.T. ACT.

FOR DONATIONS BY FOREIGNERS AND NRIS', PLEASE CONTACT, EXECUTIVE DIRECTOR (011-23411273/995) / SUPERINTENDENT (+91-9599194805) BAL SAHYOG, OPPOSITE L BLOCK, CONNAUGHT PLACE, NEW DELHI-110001, PHONE: 011-23411273/995.

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